



Are you the mother of a 3 year old?

Do you often feel like you're on an emotional roller coaster?

Do you have a history of troubled relationships?

Does life feel too stressful?

You and your child may be eligible to participate in a research study about emotion regulation at the University of Pittsburgh.



- Interviews, questionnaires, interactive tasks
- Eligibility interview & 4 study visits in Oakland over 12 months
- Some mothers may be able to receive evidence-based interventions
- Compensation provided to parent and child

Call us at 412-624-4578

or visit www.steadystudy.info to learn more

STEADY Study
412-624-4578
steadystudy@pitt.edu

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