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| **POSTPARTUM PITTSBURGH FALL EVENT****Continuing the Conversation: Resources to Support Equitable Perinatal Mental Health Care**October 19, 2023 3:30pm - 7:30pmWyndham Pittsburgh University Center · 100 Lytton Ave, Pittsburgh, PA 15213 |
| **Time** | **Content** | **Title** | **Presenter(s)** |
| 3:00–4:30 PM |  **Registration** |
| 3:30–3:45 PM | **Welcome** | Conference Introduction and Postpartum Pittsburgh Overview | **Eydie Moses-Kolko, MD****Katherine Vital-Daley, MD** |
| 3:45–4:00 PM | **Resources 1** | Hospital/Academic organizations providing perinatal mental health services | Women’s Behavioral Health (Allegheny Health Network)UPMC Western Behavioral Health at Magee Womens Hospital, NESTSt Clair HealthPregnancy Recovery Center – Magee Womens Hospital, UPMC Health Plan Maternity Program |
| 4:10-4:25 PM | **Resources 2** | Community-based organizations providing mental health services | Healthy Start Inc. Pittsburgh- Moving Beyond DepressionThe Midwife CenterWomen’s Center and Shelter of Greater PittsburghForward Wellness Counseling and Consulting |
| 4:30-5:00 PM | **Speaker 1** | Supporting intimatepartner violence survivorsin pediatric healthcaresettings | **Maya Ragavan, MD, MPH, MS** |
| 5:00–5:30 PM | **Speaker 2** | Provider strategies to maintain personal wellness and prevent burnout | **Khavah Murray, LCSW, CCTP, CGS** |
| 5:30–5:45 PM | **Q&A** | **Facilitator**: Montia Brock, LPC, NCC, IMH-E, CLC, CD(DONA) | **Maya Ragavan, MD, MPH, MS and****Khavah Murray, LCSW, CCTP, CGS** |
| 5:45 PM |  **Dinner Buffet is open** |
| 6:30-6:45 PM | **Resources 3** | Emotional wellness supports & basic needs in community  | Pittsburgh Bereavement DoulasNurture PA Hello NeighborWomen Against Abusive relationshipsWIC - Allegheny County Health DepartmentBeverly’s Birthdays |
| 6:45-7:00 PM | **Resources 4** | Child and Family Centers | Jeremiah's PlaceAlliance for Infants and ToddlersEarly Head Start Allegheny Intermediate Unit |
| 7:00-7:30 PM |  **Closing comments & Adjournment  Katherine Vital-Daley, MD** |