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| **POSTPARTUM PITTSBURGH FALL EVENT**  **Continuing the Conversation: Resources to Support Equitable Perinatal Mental Health Care**  October 19, 2023 3:30pm - 7:30pm  Wyndham Pittsburgh University Center · 100 Lytton Ave, Pittsburgh, PA 15213 | | | |
| **Time** | **Content** | **Title** | **Presenter(s)** |
| 3:00–4:30 PM | **Registration** | | |
| 3:30–3:45 PM | **Welcome** | Conference Introduction and Postpartum Pittsburgh Overview | **Eydie Moses-Kolko, MD**  **Katherine Vital-Daley, MD** |
| 3:45–4:00 PM | **Resources 1** | Hospital/Academic organizations providing perinatal mental health services | Women’s Behavioral Health (Allegheny Health Network)  UPMC Western Behavioral Health at Magee Womens Hospital, NEST  St Clair Health  Pregnancy Recovery Center – Magee Womens Hospital, UPMC Health Plan Maternity Program |
| 4:10-4:25 PM | **Resources 2** | Community-based organizations providing mental health services | Healthy Start Inc. Pittsburgh- Moving Beyond Depression  The Midwife Center  Women’s Center and Shelter of Greater Pittsburgh  Forward Wellness Counseling and Consulting |
| 4:30-5:00 PM | **Speaker 1** | Supporting intimate  partner violence survivors  in pediatric healthcare  settings | **Maya Ragavan, MD, MPH, MS** |
| 5:00–5:30 PM | **Speaker 2** | Provider strategies to maintain personal wellness and prevent burnout | **Khavah Murray, LCSW, CCTP, CGS** |
| 5:30–5:45 PM | **Q&A** | **Facilitator**: Montia Brock, LPC, NCC, IMH-E, CLC, CD(DONA) | **Maya Ragavan, MD, MPH, MS and**  **Khavah Murray, LCSW, CCTP, CGS** |
| 5:45 PM | **Dinner Buffet is open** | | |
| 6:30-6:45 PM | **Resources 3** | Emotional wellness supports & basic needs in community | Pittsburgh Bereavement Doulas  Nurture PA  Hello Neighbor  Women Against Abusive relationships  WIC - Allegheny County Health Department  Beverly’s Birthdays |
| 6:45-7:00 PM | **Resources 4** | Child and Family Centers | Jeremiah's Place  Alliance for Infants and Toddlers  Early Head Start Allegheny Intermediate Unit |
| 7:00-7:30 PM | **Closing comments & Adjournment  Katherine Vital-Daley, MD** | | |