



# *Welcome!*

**Promoting Mental Health for Birthing Individuals & Empowering Equity with Community Health Workers**

*Wyndham Pittsburgh University Center April 19, 2024*

*<https://postpartumpgh.com/>*



# PITTSBURGH

Reconnect at Our Fall Event:  
CONTINUING THE CONVERSATION &  
CONNECT WITH LOCAL RESOURCES

Oct 19, 2023 Thursday | Wyndham Hotel 100 Lytton Ave Pittsburgh PA 15213

## THANK YOU SPONSORS

### CONFERENCE SPONSORS

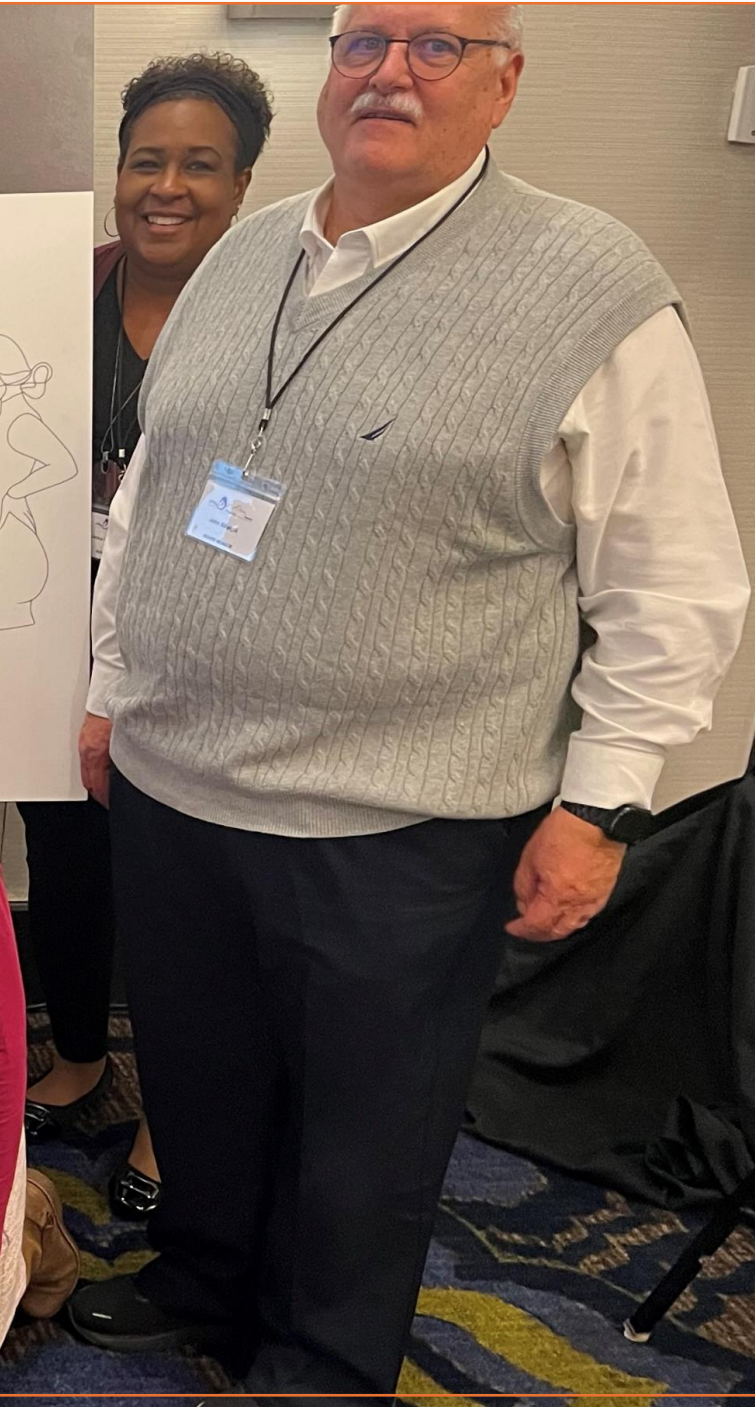
Eden Hall Foundation  
UPMC-Western Psychiatric Hospital

### DINNER SPONSOR

St. Clair Health

### GENERAL SPONSORS

Allegheny County Health Department  
Office of Child Health







# Postpartum Pittsburgh – who are we?

Established in 2016 through capacity-building funds from Staunton Farm

- Networking among regional perinatal mental health professionals
- Training in Perinatal Mental Health
- Website resources

Became a Non-profit in 2019

- Volunteer-supported
- Eden Hall Foundation support for Zoom networking and board meetings

Conferences 2022 and 2023 (today)

- Components of past mission
- Re-envisioning our future for greater health equity and partnership with a broad community



- None

## Disclosures

# Purpose Driven

**VISION:** It is the vision of Postpartum Pittsburgh that all birthing individuals and their supports in Western Pennsylvania will have access to current mental health treatment and resources

**MISSION:** Postpartum Pittsburgh aspires to:

Facilitate **networking** among Western PA professionals serving birthing people

Facilitate perinatal mental health-related **learning opportunities** for professionals and community members

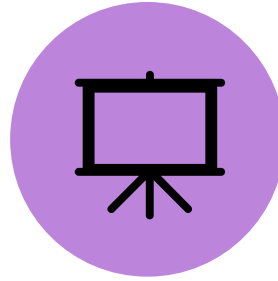
Increase understanding about mental health service **needs in minoritized and underserved** populations

Optimize a childbearing-related mental health **website** for diverse communities to gain easy access to vetted resources for support, treatment and education

Promote **awareness** of childbearing-related mental health concerns



# Housekeeping



Slide presentations will be available on our website soon



Complete your evaluation for continuing education-see conference website for instructions



Suggestion box  
Look for index cards



Lunch Buffet Opens at noon.  
Please use available tables to enjoy your meal



Get involved in Postpartum Pittsburgh  
Board and Committee opportunities are available

**We are very  
grateful for  
our  
sponsors!**

**PRESENTING SPONSORS**

UPMC Health Plan

UPMC Magee-Womens  
Hospital

UPMC Community Care  
Behavioral Health

**KEYNOTE SPEAKER  
SPONSOR**

UPMC Western Psychiatric  
Hospital

**NETWORKING LUNCH  
SPONSOR**

Eden Hall Foundation

**SNACK BREAK SPONSOR**

St. Clair Health

Special:

Thank you to the **Heinz  
Endowments** for  
supporting Postpartum  
Pittsburgh's future  
personnel, website  
updates, and conferences

# Thank you to continuing education offices

## UPMC CENTER FOR CONTINUING EDUCATION IN THE HEALTH SCIENCES



The **UPMC Center for Continuing Education in the Health Sciences (CCEHS)** is accredited by the Joint Accreditation for Interprofessional Continuing Education (IPCE) with Commendation status. Joint accreditation is the leading model of interprofessional collaboration that helps improve healthcare through continuing education for the team. As a jointly accredited provider, CCEHS offers continuing education credit to an interprofessional audience of learners, including physicians, physician assistants, registered nurses, nurse practitioners, pharmacists, psychologists, social workers and other healthcare professionals through a single, unified application process and set of accreditation standards.



Greater Pittsburgh Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. Greater Pittsburgh Psychological Association maintains responsibility for this program and its content



## Instructions for Receiving Credit

### Promoting Mental Health for Birthing Individuals & Empowering Equity with Community Health Workers

Must be completed **before** May 4, 2024.

#### Step One: Record your attendance

- Go to <https://cce.upmc.com/code>
- \*Login to your account
- Enter code: QUHBAV

#### Step Two: Complete the course evaluation

- Go to **My Account, My Courses**, Choose **Pending Activities**
- Click on the course title then click the register/complete course button to complete the course evaluation

*Certificates will be available to download and stored for future reference*

*\*If you are a new user, access <http://cce.upmc.com> to create an account.*

# Instructions for obtaining APA CE Credits and General CEUs

1. Visit <http://www.gppaonline.org/apa-ce-credits>
2. Select the appropriate training from the list: “Post Partum Pittsburgh - Promoting Mental Health for Birthing Individuals & Empowering Equity with Community Health Workers - 6.75 CE Credits.”
3. Scroll down and click ‘Add To Cart.’
4. A survey will pop up entitled “Post Partum Pittsburgh - Promoting Mental Health for Birthing Individuals & Empowering Equity with Community Health Workers - Program Evaluation - 6.75 CE Credits.” Completing the survey in full is required. Please take your time, read the instructions thoroughly, and answer thoughtfully.
5. Click ‘Add To Cart’ at the end of the survey. Scroll up the page and click on your cart.
6. Click ‘Checkout’ and you will be redirected to the checkout page.



# Vendor Acknowledgement – thank you!

Allegheny County Health Department, Office of Family and Child Health  
Healthy Start Inc. Pittsburgh- Moving Beyond Depression  
Hello Neighbor  
Pittsburgh VA Health System  
St Clair Health  
The Midwife Center  
UPMC Health Plan Maternity Program  
UPMC Western Behavioral Health at Magee Womens Hospital, NEST  
UPMC Magee-Womens Hospital Pregnancy Recovery Center



# **Volunteers Acknowledgement – thank you!**

## **UPMC Maternity Baby Steps Program**

Victoria V.

Samantha T.

Judy R.

Carolyn S.

Stacy F.





# **James Ferris: Acknowledgement – thank you!**

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# Wyndham Hotel Staff Acknowledgement – thank you!

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